

@^!..)&.@) ; (6)a/ @\$ @))\$

; fdulj	ZAb
Gof/žg ! kfl/De	<p>/]8of]; u/dfyf / cGt/fli60 ; :yf - dfp66g kmf]d _sf]; 0Qm k0f; df x/\$ zbmj f/ /]8of]klqsf Ps)5gdf xfdl xfd)\xdfn tyf kxf8 / logs)sfvdf a:g]tkf0{xfd}syf Aoyf / lhj gsf lj lj w kf6fx?nf0{; d0g]u5f}- . /]8of]klqsf Ps)5gsf]cfhsf]c0df</p> <ul style="list-style-type: none"> <li>• /fhwfgl leqs]lqkgl rfkfvs{uf]sf]syfJoyf ; d]6Psf]lkmr/ ,</li> <li>• l9n}ePklg uf]df lj sf; sf sfd z?ePkl5 vzl 5f}eGg]lqkglj f; Lsf]cfj fh /</li> <li>• :yflgo ; flt / ; fwgsf]k0f]n]uf]dl0f lj sf; s; /L x65 eGg]af/]cGt/fli60 Plsst; kj {to lj sf; s]b 0l; df]sf ; /h axfb/ yfkfsf]lj in]f0f klg NofPsf 5f}.</li> </ul>
Gof/žg @	<p>sff7df8f]sf]Jo:t zx/L lhjg, lrrnf ; 8s, lahdl, vfg]kfgl, 7hf / eJo ejgx?nf0{ kmrfs]l 8f8f; E]sf] lqkgl rfkfvs]f; ln]j if]l3b]v x]/L/x]f 5g\ nlntk/ lh]nf lj zw'gf/fo0f uf]f lj sf; ; ldt j 8f gDa/ ^ lqkgl df klg uf]fj /laf6 8]306f psfnf]lx8gk5{. lqkgl uf]af6 klZrdsf]cGgk0f{lxdfnb]v k] sf]uf]Lz\$ / lxdfn; Dd b]vg ; ls65 . lqkgl uf]df uf]dl0f ko6gsf] ; Dej gf klg 5 . t/ @ j if]l3b]v :yflgo ; flt / ; fwgsf]k0f] a9k15 uf]df lj :tf/}kl/j t0 b]vg yfn]sf] 5 . cfh ; fyl lgd]f clwsf/ln] lqkglj f; Lsf] syfJoyf j 6h] of]lkmr/ agfpg'ePsf]5</p>





<p>Feature Clif cfrfo{</p>	<p>6of/] g !</p> <p>vfgf ksfpbf 3f\$[f]; Sgyl/ 8<sup>a</sup>ul kmgkgI bfp/fsf]wj fsf sf/Of nllg]vf\$cl clg wj fn]g}ubf{cf; \$f alnGb  wf/f sf6gkgI; d:of clxn]lqkgf uf\$sf j f; ln]efllgkb\$ . oxsf :yflgoaf; lx? vfgf ksfpgnf0{Uof; , :6f\$ j f lx6/sf]kpfu klg ub\$g\ cf\$}uf\$ kfvdof To; y] u0{x\$]j gdf/f, kftkl<sup>a</sup>N/nf0{kpfu u/] pglx?n] j fof]lj u\$ cyf\$ u0?f agfPsf 5g\j fof]lj u\$]vfgf ksfpf kfbbf nlntk/ lhNnfsf]bu\$ uf\$ lqkgf rfkfvs{uf\$]j f; l lgs}vzl 5g\</p> <p>cGtj f{f{!</p> <p>s\$ M p lau\$]n]s]xG5 eg],lxhf]cfhsf]; hgdf agfP/ /fVof] eg]. ca kfgl kgI{df} d sfrf]bfp/f NofP/ aflg' k/ of]cfknh]; \$fP/ /fv]kl5 vfgf ksfpf ; lhnf]eof].w]f cfPg :j f:Yodf xflgsf/ ePg , k} f klg art eof]hunsf]klg art eof]. hwn df:of]eg] ufln kl vfg' k/ of] cfknhf0{g}krf0bf eof] s]6 M?v 9flg k/] ,sfd gnllg]lrh ; \$fP/ sf\$nf agfof], bfn a; fn]klg rfdn a; fn]klg sfd ug{kf0G5 .</p> <p>s\$ M lau\$af6 wff gcfpg]:j f:Yonf0{xflgsf/s gugI.</p> <p>6of/] g @</p> <p>nlntk'/sf]lj zv' gf/foof uf\$ lj sf; ; ldlit j 8f gDa/ ^ lqkgf / rfkfvs{j f; ln]j fof]lj u\$ cyf\$ cfwlgS u0\$ kpfu ug{yfn\$]8\$ j if{dfq eof].t/ uf\$df clxn]g]kl/j t\$ blvg yfln; s\$]5 . uf\$ j l/kl/sf hwn aflSnb}uPsf 5g\ vfgf ksfpbf w]f sd cfpg]ePsf]3/sf leQf klg ; lsnf blvG5g\ lqkgf uf\$df j fof]lj u\$ klxnf]k6s Plss\$ kj {to lj sf; s]b 0{ df\$]n]leq\$Psf]xf]. 0l; df\$sf k]s{ts ; f] j oj :yfs ; /h axfb'ykf</p> <p>cgtj f{f{@</p> <p>; /h axfb/ ykf M agfof]lau\$<sup>a</sup> eg\$]sfd gnllg]afof]df; ,xldn]cu]ldf la8 elG5 .</p> <p>uf]ndf k/l0ft u/] Tonf0{whf]agfP/ ; \$ ; \$}lrD6nf]df6]ld; fP/ To; nf0{lau\$]sf]; fF]df ,3fddf ; \$fP/ tof/ u/\$f]eg]To; n]! 306f allb5 ,to; df w]f klg cfpb\$</p> <p>uf0{a:tdf pxfx?n]; fQ/ kpfu ug{xG5 ; fQ/ kpfu u/l; s]k]5 ,af\$ /x\$] lrhnf0{uf]ndf k/l0ft u/] afof] lau\$ agfpg ; lsG5 . o:n]b0{f\$ krf0bf xG5 .Pp6f phf{/ csf]hunsf=lagf; xbg .</p> <p>6of/] g #</p> <p>lqkgf /fhwfgl leqsPp6f uf\$ xf].t/ of]uf\$nf0{bu\$ lf\$]sf]sg}klg uf\$; E thgf ug{; lsG5 . khrf\$ 8fBf; fu\$ lqkgf]f; l cf\$]3/ cfEgaf6 x/\$ lbg sf8df8f]pktosfsf]lemnldln bV5g\clg /fhwfgl / cf\$]uf\$nf0{thgf u5g\ uf\$df ev{ df\$/af6f]kl\$]5 . lahhlsf vDaf ufl8g / tf/ 6ffug z? ul/Psf 5g . 6]nkrf] t ku\$]5\$, lj /fdl kb{f{ 306fsf]af6f]lx8} glhsdf kf6g c:ktfn Nofpgk5{ . :yflgo afl; Gb sfG5ldf of tdf<sup>a</sup></p>
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c6tj f{f{#  
 sfl65 dfof  
 klxnf t :sh lyPg ,xfld ePsf]a]hdf lyPg gq t xfld k9g]lyof}. ca tn hfp eg]xfld ul/a df65] sxfF  
 hfg'.  
 afa'cdfd n]vfg nfpq lbpgsl k9g k7fpg oxfF:sh lyPg . clxn]kf]:sh eof],; lhnf]eof].  
 d]h]!&- !\* aif{ePsf]a]hdf dfq :sh agfof]oxfF.ca bz aif{eP kl5 lax]u/L lbP afa'cdfn]clg sxfF  
 k9g',5g .  
 cfj fhMlj Bfno  
 Gof/] g \$  
 (\* 3/ w/L /x\$]l]lqkgL rfkfvs{uf]sf]hg; Wof % ; o dfq x]. oxfFf clwsfz afl; Gbf tfdf<sup>a</sup> ; dbfosf 5g\  
 . le/fnf]hldg ?vf]df6f] wfg v]L ug]t hldg]5g . j ifdf Psj fnl ds}dfq x65 . Toj]klg sbj] ifdf t  
 cl; gfn]xfg] ; vfk}kf5{. bV}bMvdf afr\$] lqkgL j f; lnf0{; xof]u ug{@ j if{cl3 afnaflnsf]nflu lzlff  
 0=6=; e6g]; :yf uff lelqof]. 0=6=; sf ufl]aGb/fh hfzL .  
 c6tj f{f{\$  
 ufl]aGb /fh hfzL  
 ; fdf]hs lasf; sf]sfoqmd eg\$]b0 Itg aif0}kl/j t6 cfpg]l]f x0g . t}klg laut / clxn\$]thgf ubf{  
 v]L Toxfsf -lqkg]lsf \_ dlxnf? df b]vPsf]lzlfsf]:y/ ToxfFr]gfsf]:y/ , / Toxfsf]afnaflnsf x?df :sh  
 hfg]; Wofdf a[w ,Toj]ePsf]5 eg]sf]l]t/ s]l]f l]t/ x6]x]eg]l]goldt ?kdf t/sf/L nufpg]s/] faf/L l]t/  
 ; a]h]nufpg]kfgl ; sng ug]kl]alwsf]klg lasf ePsf]5 . cfkng]:j f:Yo afn aflnsf / kl/j f/sf]:j f:Yosf  
 nful laleG kl]6s t/sf/L nufpg]z? ePsf]5 aif]e/L .  
 Gof/] g %  
 prf0df ePsf]uf] ePsf]n]glhsdf kfglsf]; f] 5g . :yflgo j f; lx? cfsfz]kfglnf0{Pptf kfy/L agf0{  
 h]df u5g]clg ; Wvf ofd nfu]k15 Toxl kfglnf0{kpf]u u/] s/] faf/Ldf sfpnl, s6bsf]kL, ufh/, dhf  
 nufotsf df} dl t/sf/L pdf5g\ 0l; df\$ / 0=6=; n]ufpn}nf0{p6gt hftsf t/sf/Lsf lj plj hg klg  
 af8g]u/\$]5 . :yflgo af; l6b /]df tfdf<sup>a</sup>  
 c6tj f{f{%  
 /]df tfdf<sup>E</sup>  
 rf0lgh /fof], Toj]sfpnlx? uff/ dhf asMnfX? clxn]tflnd lnP/ nufpg]u/\$]5'. klxnf t lo kvf]df  
 cln cln 5Yof]IolQs}5f8l lb6y] klxnf t nfpb6 y]. Etc cfP/ ; dx u7g u/df], ; a}dlxnf? ldn] clg  
 t/sf/L nufpg]k5{. eg] nufsf]. plgx?n]lap lb65 ,clg xfldn]t/sf/L v]t u/\$].  
 d]f]af/Ldf t krfk/ 5 ,asMnf ,dhf tf]L ,cdl/; f]-cdl/; f]rflx a]g kfof]eg]a]5'.  
 Gof/] g ^

	<p>lqkgl / rfkfvs{ufp[df b]vPsf]of]kl/j t[ lzlffs}sf/0fn]xf]. 0l; df[ / 0=6=; ldn] uf[psf dlxnfnf0{  gfd nVg / ; fdf0 hf[ 36fp ug[; Sg]agfPsf 5g\sg}; dodf b0{rf/ hgf dfq k9[ cfpq]rfkfvs{  kfylds lj Bfnodf clxn]klugku ; o hgf lj Bfyl{k95g\ lj Bfnosf afns[0f a:g]  c[ tj f{f{^  rfkfvs{k[ la k[ c afns[0f a:g]  d cfpbf rfx h[df &amp;-* hgf dfq lyof],clxn]rflx ^)- ^% b]gs x[5g lawfly{? . ufpn]cfd lge{ afg]  lt/ clnslt b]vPsf]5 . art ug[0{l6 l; / 0l; df[n]art ug[afg a; fmf]5 .  klxnf klxnf t uf0{afv[ kfNg]olx rf]df a:g]ToIQs}uy]. k9fpg klfg sd}k9fpy]. sd dfq}aRrfx?  :shdf k9fpy]. clxn]klg ToIt k/}t k9f0{s[ 5[ . klxnf e[bf clxn]rflx al9 g}5 aRrfx? .</p>
Gof/2g \$	<p>cen]klg lqkglj f; l e[}5g\vfP ds]gvfP ef[; lr; f]xfj fkgf ePsf]lqkgl uf[df :ofp, ; [tnf, df]d  h:tf kmkmh v]l[; Defjgf klg 5 .en au] hfg]kfglnf0{kfy/Ldf h[df u/] ; Vvfoddf l; #f0{u/[l5,  ; s] hfg]jgdf/faf6 u0[ agfPkI5, s/]f / 3/af/Ldf y/Ly/Lsf t/sf/L /f] clg ; fem lj xfg km[ [sf]  ; dodf b0{rf/ clf/ k9[ klg kfPsf]lqkglj f; l lgs}vzl 5g\ . xfdl lqkgl uf[ klbf, uf[df lj sf; sf  sfo[ z?ePkI5 cfPsf]kl/j t[af af/]pglx?n]o; /l ; gfp .</p>
<b>Voxpop</b> hgcfjfh	<p>; fg[5f tdf  klxnf t ; 8s klg lyPg st}klg ca oxF kfgl klg cfof], klxnf kfgl pxF 6fj/ dlga6 Nofof.] clxn]  kfglnf0{klg ; lj :yf, clxn]df/ af6]klg Nofp]ufpufp[ cfpnf klg h:tf]5, ca aQl klg cf0klf]  sf5ldf  klxnf klxnf t oxFIt/ 7hf]7hf]jg lyof].clg To]jg sf[ ; ll4of]. clg ; fn wk ?v /f]xf] kfn]j ; ]  7h 7hf]jgfof],  /df tdf<sup>a</sup>  clxn]t ; lhn]5 gl, bfp/fsf nflu x[ef l5gn]kul xfl5 . 3fF :ofpnf sf6[eg]tn l5dfn]eg]kl5  sfhl dfof tdf<sup>a</sup>  klxnf e[bf cln w}]g}/fd[]e0/fv[}5 .  /fdaxb/  klxn]t 5[ gl lahh,clxn]kf]cfof]t cxFfd[]kx8df k9[5],p gftfgtlgl ; a}k95 .  pdf tdf<sup>a</sup>  d nVg hf[of 5, a9l eof]ca lbg uPkI5 cFv b]b[ , sdhf] eof]clg  dfq nVg hf[of 5.  /nldfof tdf<sup>a</sup></p>

	k9g'k5 a9l eP klg cf
<p><b>Wrap-up</b> ; /h axfb/ yfkf</p>	<p>lqkgl / rfkfvs{t Pp6f pbfx/0f dfq xf}. bždf o:tf en08}\$ xhf/ ufpx? 5g\ lbuf]u dl0f lj sf; sf nflu :yflgo ; f] / ; fwgs}k0f] ugk5{e6gk65 Plss[ kj {to lj sf; s b 0f; df}sf k s[ts ; f] Joj :yfk ; /h axfb/ yfkf .</p> <p>lqkgl upf0f k xn]s/f t Pp6f k ydl5 lj Bfno dfq]5, h; sf]cj :yf Psbd}bolgo lyof]. ToxfFePsf :sh hfg]afnaflnsf klg cdf afj h]cf0gf]3/sf]sfd , 3/fo; l sfd u/fP/ :shdf k7fpg klg Tolt pI; S tf b]y]Psf lyPgg\ u} ; /sf/l ; :yf ETC ToxfFcfPkI5 :shnf0{dd[ u/] /fd]cj :ydf Nof0 lbg' eof]. ; u; u}:shsf]ej g dfq xf0g :shsf teacher x?nf0{tflnd lbnfpg' eof]. :shnf0{z]fs ; fdul lbP/ . :shdf aRrfx?nf0{dfq lzIff lbP/ k/f gxg]ePsf]n]pxfK?n]k9g]lj Bfyl{?sf]cdfx?, dlxnf?nf0{pxfK?n] ; dxdf /fv] k]9 lzIff lbg' eof]. dlxnf zzQm]s/0fsf]j f/0f hfgs/l lbg' eof]. / pxfK?n]cf0gf]hlj]Lsf s; /l /fd]kfg]lj ifodf pxfK?n]s[if / kzlj sf; ; Dj 6w 1fg lbP/ hfus ug]k0f; ug{eof].b0[j if\$] c6t/fndf clxn]w}}kl/j t0 e0; s\$]5. lzIff Psbd}clgj fo{5, lsg eg]; fwf/0f k9h] ug{hf0f]eg] pxfK?n]cf0gf]lx; fj lsfj /fv; ; Sg]. kl/j f/sf]vr{/ lx; fj /fv; ; Sg]. / cfkm]lzIfft ePkI5 pxfK?df Tof]pI; fxn]ubf{cf0gf]aRrfx?nf0{klg :shdf k7fpg k]f; fxl x65g\ To; n]ubf{pxfK?sf]; dfh kl5 uP/ lj s; lt x65 . cj pbfx/0fsf]nflu hfkfgdf klg bf] fNo[ e6f k xn]hfkfgsf]ufpK? klg gk]nsf]h:t} ufpx? lyof].hfkfgx?n]cfdlge{ xg'k5{ cf0gf]v\$df pleg'k5{./ cfkm]d]xgt u/] cf0gf]lj sf; ug{k5{ .hj ; Dd xfdldf cfdlj Zjf; / cfdlge{tf xg]j fgl xbg] lj sf; ug{ufx]kb5 . dlxnf ; dxsf k]o\$ dlxnf?n]k]o\$ dlxgdf j rtaf6 seed money h]df ul/; Sg'ePsf]5 . hg cf0gf]; b:ox?nf0{; fwf/0f C0f :j ?k ! k]tzt Jofhdf pknAw u/fpg'x65 . h; dWb]pxfK?n]clxn]j fv] kfg , e}l kfg / t/sf/l v]ldf k0f] ul//xg'ePsf]5 . o:t}sl; dn]c? ufpx?n]u/0f /fd]x65 .</p>
Gof/žg ^	<p>/]8of]; u/dfyf / dfp66g km]d ldn] kj {lo lj ifo j :gdf sfo6md pTkfbg ug{z? u/\$f0f xfdlnf0{ Mountain Forum sf w}}; b:o ; fylx?n]mail dfkm[ ; eifa ; Nnfxx? k7fpg' ePsf]5 . tkf0{klg kj {to lj sf; ; Da6w upf7f0df ePsf sfd xfdlnf0 k7fP/ sfo\$ddf ; xeful xg ; Sg'x65 . xfd]7]f]gf xf]. cfh tkf0f/ xfd]PSS]5gsf]a; f0 olQ g). csf]zqmaf/ kj {lo lj ifodf ; u; u}a; ] km]L 5nkm u/f]f . cfhnf0{ Mountain Forum sf ; fylx?; u} Cifl cfrfo{lgd]f clwsf/l / d zftf j :g] x65'gd:sf/ .</p>