

PSs5g :s6

@^!.)^)* ;6]a/ @\$ @))\$

; fdu	zAb
Gof/žg ! kf/De	<p>/]Bof]; u/dfyf / cGt/fli6æ ; :yf - dfp66g kn]d _sf]; eQm kof; df x/\$ zbqj f/ /]Bof]klqsf Ps]5gdf xfdl xfd]xdfn tyf kxf8 / logs}sfvdf a:g]tkf0(xfd)syf loyf / lhjgsf lj ljw kf6fx?nf0(; d]g]u5f); /]Bof]klqsf Ps]5gsf]cfhsf]cšdf</p> <ul style="list-style-type: none"> • gu/sfđ / gf]dbd lf]sf ko6g Joj ; ol / :yflgo afl; Gbf lar sf] 4G6 ; d]6Psf]lkmr/ • gu/sfđf ko6g a9k]g c; Gt]6 :yflgo afl; Gbfsf]cfj fh / • gu/sfđd}km6fPsf]ko6gaf6 ; dbfon]s; /l km0kf lng ; S5g eG]af/df g]kn ko6g afB{lbuf]ko6g lasf; zfvfsf k]Gws lnnfaxfb/ aflgofE]lj in]f0f
Gof/žg @	<p>g]kn 3Dg cfpG]lj b]z] ko6s d]w \$) b]yl \$% kl]tzt gu/sfđ k]us}x65g\ . sf7df8f]af6 glhs}lr; f] z]Gt / lxdfnl xfjfkgl gu/sfđsf] lj z]ff xf] . gu/sfđdf ko6g a9k]5 ; 8s lj Bt 6]hknf]g vfg]kfgl h:tf k]fwf/x? klg lj sf; e0{x\$]f] 5 . t]kg :yflgo afl; Gbfn]gu/sfđdf ePsf]of]lj sf; nf0{cf^gf]dfG ; s\$]f 5g\ lsg t < ; gf); fyl Clif cfrfoh]tof/ kfgE]Psf]lkmr/ .</p>
Feature Clif cfrfo{	<p>Gof/] g ! b]zs}elj io lgdf]f ug]; {zlQm]dfg c88f l; xb/]f/af6 gu/sfđ ufpdf uf8l r8] ; /f; / hf]f Ps 306fd}kluG5 . ko6s 3Dg cfpG]df}ddf tlg rf/ ; osf] xf/xf/l]df y/ly/l cgxf/ ePsf ko6s ; bf]osf] nf]fn]bf] b]o x]g{lbg]kR5} gu/sfđdf klg]u5G . ; fRr}b0{bzsd]f gu/sfđdf lgs}kl/jt]g cfPsf] 5 . ko6snf0{vfg a:gsf nflu gu/sfđdf ; fgf 7hf ul/ \$) j6f cf/fdbfol xf]nx? 5g\ lj hhl, kfgl, sfnf]kq] ; 8s, 6]hknf]g h:tf cfwlgs ;]f kof]u e0/x\$]f 5g\ . t/ :yflgo afl; Gbfx? oxfE]f]lj sf; ; E vzl 5g\ . pN6}/L; n] dd]v/P/ a; \$]f 5g\ gu/sfđ uf] lj sf; ; ldltsf k] {clw]lf lj naxfb/</p> <p>cGtj]f]f! oxf 8n/ km]5, sf]f]gk]l]g]7f]df t/ ol gu/sfđ af; ln] km]fPsf]8n/ xf]g . of] aflx/af6 cfPsf]Jofkf/Lx?n] r]flx pxfk?n]g} cfh]g ug]G5 . pxfk?n] g} lnP/ hfg]G5 . oxfF xfdlnf0 , of] nf]\$naf; lx? eg\$]f]cgk9 xg olglx?nf0{h]klg ug]G5 eG]sG;]6 dfq gx]l]bPk]g kof]t xG]of] . clxn] pxfk?n] r]flx ; f]nf ; feif uf]pn]nf0{km; fpg]. ca oxfFxf]n nf0gdf hflu/ vfg]education xg' k]of] . ca oxfFk9] n]y\$]f g} 5g\ . tkf0sf] k9] n]y\$]f gePk]5 xf]njfnfn]tk0nf0 hflu/ lbPg eG' klg a\$]f/ g}xf].oxfE]f]hflu/ eg\$]f]s:tf]kfp5g eg]nuf wG] uf8{a:g}</p> <p>Gof/] g @ gu/sfđ / gf]dbd lf]df ko6g a9g cl3 ToxfE]f]le/fnf]/ kf]v]h]dgd] ds} sf]f] / km]k/ pAhfP/ :yflgoafl; Gbfsf]uhf/f r]w]of] . clxn] gu/sfđsf]?k}km]v]Psf]5 . 7hf7hf ejgx? ag\$]f 5g\ !% xhf/ eGbf a9l gu/sfđ / gf]dbhsf l:yflgo afl; cem klg ; 8s aQl, vfg]kfgl</p>

h:tf cTofjZos ;]faf6 algrt 5g\

cGtjff{hgcfjfh

sPmxg{nfllof]lemnldln xfdg t t/ lemldln eof]t of]* gDa/ uf-]j=; df sfd s]eof]vf0{lhpg kfPsf]5g . xfdl]wf/f]kw]fd] rflx cf0df0n]@% ldgk klv'k5{Ps ufuf]kfglnf0{. km/of rff]g]klg Toxl nu], v\$]wg]klg Toxl nu] Toxl kgl nu] vfg'kg\$. !) lbg kfgl gk/; t Toxl kfgl ; s] xfdlnf0{kfgl 5g .

sPmca xfnx?df 8f0/\$6 a; cfp5, xg xfnnd}a:5, o:tf]k; nx? xfnnd}5 . xfnndf hflu/ vfg'kfof]eg] sfl klg nfpbq xfdl] uf]t/sf] ; fgf] ; fgf]kf]6 It/ nfp5g\clg kfglsf]dxfg 5g . ; a] pglx?n]tfg] nlu/x\$]5 .

sPmclxn]t v]fnf]klg kPsf]5g . xfn]ubf{* dlxgf eof]/f]huf/L lbnfPsf]clxn]* gDa/sf]dfg5]! hgf klg 5g . ko\$sn]ubf{xfdl] gu/sf] l]sf; ePsf]xf0g .

Gof/]g #

; d:of g}; d:ofdf aflr/x\$]f gu/sf] af; ln]gu/sf] 8f8fdf dfq} l; ldt lemldln kl]t 8fx ug{:j efl]s klg xf]. ptf ko6g Joj ; folx?sf]egf0df gu/sf]df a9\$]ko6gn]Joj ; folx?nf0{dfq xf0g :yflgo afl; Gbnf0{klg lgs}knf0bf ku\$]5 . gu/sf] l:yt Sna lxdfnosf ahf/ Joj :yfks ldq e\$/f0{

cGtjff{#

:yflgoaf; lx?n]k] :t knf0bf ln0/x\$]f 5g\ d]x]x]f{g}gu/sf]df ; a} xfnx?df nf\$]n dflg; x?n]sfd u/L /x\$]f 5g\ xfdl rflx s]u5f]eg] nf\$]n dflg; ln65f]5f65f]! xktf @ xktf ltglx?nf0{6]a u5f]x]f; lslk^a, lsrg, x]k/, /]6/]6x?df uf8g]x?df, uf8x?df . df]6nl Sna lxdfnodf &) b]v *) kl]zt nf\$]n dflg; x? 5g\ dlxgf d/]k]5 tna cf0f]. tna cfPk]5 3/sf]sv/f a]g'k/g . cdf la/fdl xgeof]eg] pp6f l; 6fdf] lsg sv/f a]g'k/g . Tof]k}fn]pglx?n] **cf~gf** cfjZostf k/f ug{:S5gV s]l ; e ug{:S5g\ o; /l pglx?sf]cfly\$ cj:yf dfly k/L /x\$]5 .

Gof/]g \$

t/ ck]olf ?kdf ePsf]of]kl]j tgnf0 gu/sf] af; ln]cf^gf]l]sf; 7f6g ; s\$]f 5gg\ lxhf]fh xfn Joj ; fol / ufpn]lar ghflgbf]kf/fn] dg d6fj a9]5 . gu/sf] gfl]bd ko6g l]sf; ; ld]tsf k]\$tf /fwfs[0f nfd5fg].

cGtjff{%

uffpdf dflg; n]eg\$]f]s/f klg =7ls xf]. pglx?nf0{k]olf ?kdf rflx t]f]ef8f dfem] k}f kfsf]t xf]lg . t]f]sfd u/] kfsf]t xf]gl e6g] e0/x\$]5 . clxn]c]nslt ; /n t/lsfn]gl xfdln]xf]naf6 knf0bf kfPsf 5f]e6g'kg]xf]. / xfdlx?sf]lardf Pp6f ; demb/L sfod xg ; s\$]f]5g . xfdl]df Pp6f ; fgf]vf8n 5, lofk 5 lsg e6f ox]sf Joj ; folx? eg\$]f dh]t]Mox]sf h6dl; 2 xf0g . pglx?n]Tox]sf]; f] n :6Sr/sf]af/df aem] klg aem] g; Sof xf]of aem] gv]f]of xf]of]rflx

xfd}lardf sġ^ oh 5 .

Gof/] g %

k\$[tn]g}nsfdf/l vlg]7fġ gu/sfġ, Ps]5gdf 3fd nlf5 Ps]5gdf kfgl k5{. cuf]8sf]xl/of]8f8f l5ge/d};]f]s0/f]h]9fsl lbġ5 . ; fem lj xfg 3fd c:tfpbf / pbfpbf 3fdfs]nfnln]gu/sfġ 8f8fġ}/ftf]xġ5 .dġġ}5ġ]lr; f]xfj f clg r/fsf]lr/la/\zx/sf]le8ef8 / sf]hfxndf xS}f x?sf nflu t gu/sfġ :ju{g}xf]. t/ kl5Nnf]; dodf gu/sfġdf clgolġt ?kdf a9}f xfġn, xfġnafġ}lg:s}f km}f] d}f / jg km8fgln]gu/sfġdf kġlf0f klg a9}f]5 . ; f:s[ts tyf jftfj/0flo ; d:ofx?sf]k]olf c; / :yflgo afl; Ğbfn}g}eflġk5{. gu/sfġ lfġsf] jftfj/0f ; wf/ ug]lhd}f xfġnsf ; ~rfnsx?sf]klg xfġġ / < Sna lxdfnosf ldq eġ/f0{.

cġtj}f}f{^

gu/sfġ uffp lj sf; ; ldltdf xġfn]tkf0ġ)! /f]kgl hdlg lsg' eof] eg] \$ cġf hldg lsg' ef]eg]Tof]hldgn]cf]uġġ/l 6ġġ 3/ agfP xġ5 . xfġn agfpg]dfġ5]h]#), \$) k]tzt hldg 5fġg'uf8ġsf]nflu /Vg'k5{. kfls{nf0{/Vg' eġ]ls; ldsf]sg}5ġ To; sf/0fn]>l % sf] ; /sf/ k:g l9nf]eof]. >l %sf]; /sf/ k; } ePsf]hldg at least #), \$) k]tzt hldg rflx vfnl /Vgk5{eġ]efj lbgk5{. Ps ; a} xfġnjfnx?n]Toqf]cf]dbfgl ul//Vof 5 eg]9nlgsf; t /fd]xġ'k}of] gl . Tof]rflx kġf]hd 5 . t/ Sna lxdfnon]rflx s]ug]nfu}f]5 eg] xfdln]eQmk{/sf]Ppġf dfġ5] fu xfd]agreement p Ps lbg la/fP/ cfp5 . / eQmk/df nu] dn agfp5 . Tof]dn nu] xfdl gu/sfġdf /V5f]kl5 To; nf0{xfdln]knfġġdf /Vg]u/}f 5f}.

Gof/] g ^

:yflgoafl; Ğbfnf0{bvl agfP/ u/}f]lj sf; slxNo}klg lbuf]xbġ . km]L c?n]u/}f]k}lt b}y] 8fxFug]cfkm'r}hdlxgt g}gug]Tof]klg /fd] xf0ġ . gu/sfġsf xfġn ; ~rfns / l:yflgo afl; Ğb lar a9}f]4Ğbsf] ; dfwfg sf7df8f]jftfj/0f lzlf sfo}d lsksf sfo}f/l lgb}z s lk6l z}k} Ē 5 .

cġtj}f}f{&

ca of]conflict sf]hg solution d}h]s]b}of 5' eg]gu/sfġsf] afl; Ğb cfkm}klg kmfġgn]sdf]l9:sgfn]sdf] kmfġgn]7hf]3/ agf]eġg' ; }f cfkm'cfkm'lardf work group , Ppġf ; dx u7g ug] . cf0ġf0{dfġ5]5 eg]mothers' group u7g ug]clg To; /l lj b}zlx?nf0{Toxfsf]; :s[t sNr/ b}vof]To; kl5 Ppġf len]h xfġ :6] dfġ5}x? xfġndf a:bf jfSs xġ5 . hlt klg lj b}zL cfp5 pglx? xfġndf a; } yfsl; s}f xġ5g\ Toxfsf]sNr/ klg hfġg]g}kfnl efiff klg l; Sg] l98f]klg vfg]uĞb} klg vfg]. Tof]xġsf nflu Ppġf village homestay sf]cjwf/0ff rflx xfd]gu/sfġsf]Toxfsf]afl; Ğbfx?n] agfpg ; Sof]eg]benefit of tourism 5 Tof]rflx equitable

	distribution x65g .
Gof/žg \$	gu/sf0df tdf ^a ; dbfPsf] afxNof 5 . nf] f/ a4 hofl6t, / hg} kl0f0f h:tf kj f0{gu/sf0 af; L lj zif ?kdf dgfp5g\ . /fhwfgl; 6} hf]8Psf] ufP ePklg gu/sf0df Pp6f dWoflids lj Bfno klg 5g . gu/sf0L af; L alQdlgsf] cWof/f0f 5g\ . xdf] ; fyl lgdž cwsf/L gu/sf0 klg]lj IQs}:yflgo afl; Gbn]cf^gf c; 6tli6x? o; /L ; gfP .
hgcfj fh	dlofsdf/ tdf^a s; hf0{g}knf0bf ef 5g . Toxl 7hf 7hf xf0nnf0{clncln sf7df8f}af6 uk agfP/ cfPsf]hlt knf0bf x65 . oxfl't/sf]nf\$nx;nf0{s}xl knf0bf xbg . ultf nfd ca xf0nx;df 8f0/\$6 a; cfp5 xg, xf0ndf a:5 clg o:tf]k; n ; a} xf0nd}5 . xf0ndf hflu/ vfg'k'of]eg]sf}xl klg kfpbg xdf] ufpl't/sf]; fgf]; fgf]kf]6df nfp5g\ knf}xf] ug]IolQs}xlu . kdf] /f0{ ko6sx; hlt w}]leqdfpg; Sof] plt w}]knf0bf lng ; S5 ufp}n]xg . cfpg]lj bžlnf0{; xofu u'of]eGb}l lj bžln]klg ; xofu u5g\ sf65l l3l; ^a a? /S; L laS5 bW lallbg . glas}kl5 bW knf6] ŐofSgk5{. knf}xf], a9}kl5 nfdv\$]cfpg]af0n/ sv'/f Nofof] af0n/ sv'/faf6 /fu ; g] nf\$ sv'/fnf0{[o:t}t xf]lg . dflxnl nfd u]6 cfPkl5 ufph]h]hflu/ vfg kfp5g\ Toxl g}knf0bf b}5' . lbjfs/ 3f]fz}l oxf'sf df65}nf0{t ; d:of k'of5 . glhs glhs v}l 5, kfgldfly tfg] Nofp5g\clg t ; d:of kl/xfNof]lg p0/sdf/ tdf^a clxn]rflx of]v]fnf]klg kfP 5g . xf0nn]ubf{v}l . cf7 dlxgf eof] xdfL /f]huf/L lbnfPs}x65 eGgX'of]clxn]cfP/ * gDa/sf]df65]Ps hgf5g . /dž 9sfn s}l lngsf]nflu klg eQmk/ hfg'k'of]of]ahf/ ePkl5 oxl kf065 /fd} 5 . th;L jf0jf xdflnf0{rflx knf0bf 5g xg . xf0nlt/ rflx knf0bf x65 . ;l; n 9sfn ; /; knf0 u'of 5g 6}f0n0x; s}l 5g . knf}xf] ŐofSl /Vof 5 , 9nx; 5g ca tn hfbf t xfdln]oxl kfgl vfgk5{tnsf]dfg5h]k/d s6tf; Dd t oxl kfgl 5 , xf0nx;n]t nfk/afxl g}u'of 5 s]. sf65f l3l; ^a df65]lrlg65 x/\$ lsl; dsf df65]cfp5g\ufpl't/ ; xofu u5g\No:t} 8f}g] g cfp5g\ :sh wf/f ; f/f alg65 .

	<p>nldl kmbfn s]kmf0bf xg]j f xfdlnf0{s] fsf]Eofu'tf]h:tf]u/L al; /xg]hf0{s]l bg', lbg]t xg]hf0{aflx/ lgl:sg kfpghf0{x65 xfhf . /d} 9sfn ; 4 g]kfnl afl]g klg hf6b}, Toxl eg]pglx, 0^anl; klg /fd]hf6g] ; Sg]eP . lfdtf a[4 eof]</p>
<p>Gof/}g %</p>	<p>:of^ahfsf]l; ?j f/l clg sf:slsf] wf6b} ufpsf afl; Gbn] ufp ufpdf ko6s leqofP/ lgs}kmf0bf ln0/x}f 5g\ . gu/sf6df klg ; dbfodf cfwf/Lt ko6g sfo}dnf0{l] sf; ug{ ; s] ToxFkm:6fPsf] ko6gaf6 :yflgo afl; Gbn]klg kmf0bf lng ; Sy]e6gx65 g]kfn ko6g af} { lbuf] ko6g lasf; zfvfsf k}6ws Innfaxfb/ aflgofF</p>
<p>Commentary Innfaxfb/ aflgofF</p>	<p>gu/sf6df clxn]k]:t dfqdf ko6snf0{rflxg]k} fwf/x? / 7h 7hf xfnx?sf]Psbd}lj sf; e0; Sof 5 . / hlt klg ko6sx? ToxFuPsf 5g\ . pglx?nf0{xfnx?df dfq}/fvbfv]L cem]slt xfn a}x? vfnl /x}f]cj:yf 5 . t/klg nf}n sdol6l / ToxF} xfnjfnfx? lar slGkmS6sf]cj:yf 5 . lsgeg]hg :yflgo JolQmx? 5g\pglx?n]8f0/\$6 ?kdf ko6gaf6 kmf0bf lng ; s}f 5g\ . olb sdol6lnf0{ dtna :yflgo ; dbfonf0{l; wf kmf0bf lbg] lx; fadf olb ko6gsf] kofs]h sfo}d rnfpg]xf]eg]7hf xfnx?n]cf^gf xfnndf dfq /Vg]Pp6f kofs]h sfo}d gagfP/ ; dbfodf cfwf/Lt ko6g ofgl ls - community-based tourism - e65f] xfdln] cfhsn of] rng rllntdf 5 . To:tf]ko6g sfo}dnf0{pxf}n]cf^gf]kyldstf sfo}ddf /Vg' kg] x65 . o; df r} generally s] x65 eg] To:tf] 7f6df hxffrflx ko6ssf]nflu Psbd}cfsif} 7f6 5 . ToxFolb tlg lbgf] nflu sg}u]6 cfp5 eg]To:tf]u]6nf0{b0{lbg; Dd cf^gf]xfnndf /Vg] / Ps lbg cf^gf]glhs /x}f]sdol6ldf nu] Pp6f xfd]l; ?af/Ldf 5 Homestay. Homestay sf] ?kdf /Vg ; ls of] eg] ToxFp:n] kfpkg]s]l alglkmbdf nf}n ; dbfox?nf0{klg k]olf ?kdf alglkmb ; ol/^a ug{ ; S5 . Pp6f k]olf kmf0bfsf]s/f]dfq geP/ :yflgo hgtfnf0{s]x65 eg]pxfx?n]ko6s; E l; w}066//dfS; g ug{ ; Sg'dtna Pp6f c}t{s of{xg]ePsf]eP/ Psbd glhsaf6 ko6snf0{lrg ; S5g\ h:n] ubf{kfmf0bfsf]s/f]dfq geP/ Pp6f cflldotf a9g hf65 . To:tf sMr/ k]u]d Toxl uf6 nandf b]vPsf]v08df To; n]rflx ko6sx?df csf] lsl; dsf]k}fj k5{lsg eg]; f:s]ts k]u]d eg}f]xfnndf xg] / uf6s} kl/j ; df xg]df w}km/s 5 .o; n]rflx jftfj /of g}km/s kf5{ . / o:tf] ls; ldsf] sfo}dx? olb ToxF} hg :tl/o xfnx?n] Nofpg ; s}f] v08df cjZo g}hg Pp6f gu/sf6 nufot g]kfnf]lj legg c? ko6g dx]j sf 7f6x? 5g\To:tf 7f6x?sf] hgtfx?df rflx ko6g kl}t xg] b]6sf]of tyf of] ko6gaf6 kfp] kmf0bf hg clxn] pglx?n] cgelt u/}f 5g\To; df rflx cfdh kl/j t6 cfp5 e6g]rflx xfdln]; f] }f 5f} . sg} klg 7f6df k9L :yflgo ; dbfosf] ko6g kl}t xg] bli6sf]of gsf/ftds ePsf]v08df To:n]lgtfgt of]ko6g pB]unf0{g}gsf/flds c; / kf5{ . lsgeg]ko6sx? vfnl xfnndf dfq}a:b6g . pglx? hg cf^gf] kofs]h cg; f/ aflx/ 8Ng hf6v] / olb ko6s kl}t :yflgo</p>

	<p>hgtfsf] ; f{f0{gsf/flds ePsf] v08df pglx?n] ug] Joj xf/n] klg Pp6f gsf/flds g}bzfp5 .ef]h To:sf]0DkofS6 s:nf0 k5{e6bf v/ gkfndf cfpq] ko6sx?nf0{g}k5{. Isgeg] gkfnsf] dfs6^a eg\$] dVaf6}ePsf]5 . Isgeg] gkfnsf df65? x:kl6fkan 5g cfltYotf u56 eg]Pp6f tdfd ko6sx?df of]; f{f0{/x\$]5 . / pglx?n]kfPsf klg 5g\ . Tolx kfPsf]cfwf/df pglx?n]gkfnsf nflu cf^g}Isl; dsf] kjw6 u/\$f 5g .ef]h uP/ :yflgo JolQmx?n]Tof] ko6s klt cin bJoj xf/ u#y]. cyjf Pp6f ug]kgl]cfltYotf u/g eg]xf6ndf a:bf Psbd}nSh/lo; Psbd}sDkm/kan ePklg p:n]krls{s}kl5 of]s/f t elgxfl5 Is gu/sf6 eg]7f6 ; 6b/ ePklg Toxfsf]jI/kl/sf]df65]o; f] 5 x}g/df]Joj xf/ u56 cyjf ko6s klt ?rl /fVb6g\egg]x65 . To:tf]7fpdf Isg hfg]e6g]s'/fsf]Dof; h t hf65gl eg]kl5 s6}Pp6f ko6s klt ug]Joj xf/n]ubf{dfs6^a, ahf/ kaw6 To:n]7hf]/fh vllg] esf]eP/ o:tf s'/nf0{rflx ldlgdf0h ug]k5{. x6 ldlgdf0h ug]{rflx ; dbfodf cfwf/lt ko6g sfo\$dnf0{klg lj:tf/}hf6 lbgk5{. / csf6/f s]x65 eg]Joj ; folx?n]cf^gf]xf6ndf cyjf l/; f6df /fVbfv/ hg Isl; dsf]Pp6f kmf0bf kfp5g\ Tof]kmf0bf lng dfq lj hg]zsf]Pp6f OlyS; xf0g . To: sf] k5fl8 ; dfhnf0{klg s}L ug{e6g] pglx?sf] OlyS; x6k5{. hg Pp6f OlyS; ofgl Is Pp6f /l:kgl; an x65 Is ; dfq klt Tof]lx; fan]klg pxf6?n]lj:tf/}o:tf Isl; dsf sfo\$dx? ulldof ; dbfodf Pp6f cfwf/lt sfo\$dx? lj:tf/}cf^gf]Kofs]hdf 066/ ln^as u/] nfg' eof]eg]dnf0{nfl5 eljiodf 7f 7hf]xf6n operate ug{hg dflns / :yflgo ; dbfodf conflict hg Pp6f 46bsf]l:ylt 5 Tof]46bsf]l:ylt rflx lj:tf/}x/fP/ of]ko6g eg\$] ; ahf0{al]gknl6 k%ofPsf]5 e6g]s'/f eflx :yflgo hgtfx?df cgelt x6 hf65 e6g]rflx dh]rflx ; f{f]5'.</p>
Gof/zg ^	<p>/]8of] ; u/dfyf / dfp66g kmf]d ldn] kj {lo lj ifo j :gdf sfo6md pTkfbg ug{z? u/\$f]df xfdlnf0{Mountain Forum sf w} ; b:o ; fylx?n]mail dfkmt ; emfa ; Nnfx? kf7fpg' ePsf]5 . tkf0{klg kj {to lj sf; ; Da6wl ufp7f6df ePsf sfd xfdlnf0 k7fP/ sfo\$ddf ; xeful xg ; Sgx65 . xdf]7ufgf xf].</p> <p>cfh tkf0F/ xdf]PSS]5gsf]a; f0 olQ g}. csf]zqmaf/ kj {lo lj ifodf ; u; u}a;] km]L 5nkm u/f]nf . cfhnf0{Mountain Forum sf ; fylx?; u} Cifl cfrfo{lgd]f clwsf/L / d zfc^f j :g] x65'gd:sf/ .</p>